

The Prema Birthing Healing System™ is the most loving way to be REBORN into Love. It can be traced back to the ancient sleep temples of Egypt, secret teachings of the mystery schools, and even Tibetan and Hindu yogi secrets.

These traditions knew that the mind was the creator of our lives and reality. The Prema Birthing expands on this philosophy, to include the most important piece of the formula:

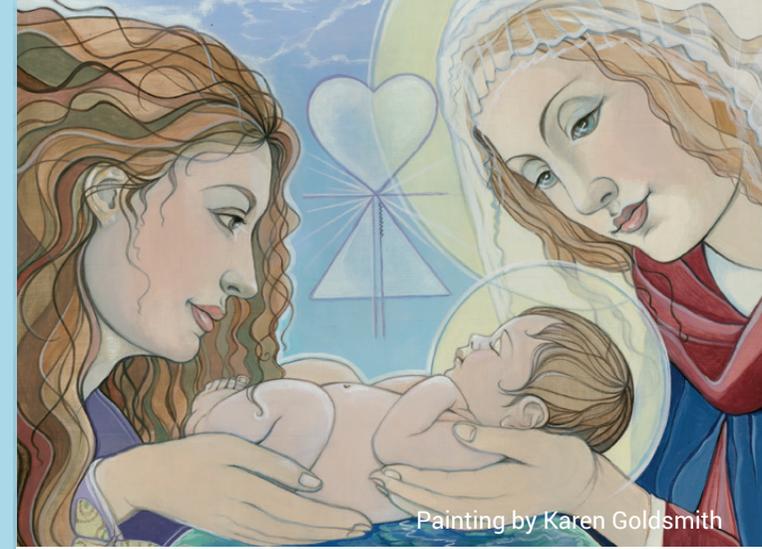
Environment plus **love**, plus **consciousness** equals transformation of dis-ease into **wellness**



Derek O'Neill

The Prema Birthing Healing System™ was developed by Derek O'Neill, Master Teacher, internationally acclaimed therapist, motivational speaker, author, martial arts sensei and humanitarian.

To find a practitioner, to become a practitioner or for more information visit [derekoneill.com](http://derekoneill.com).



Painting by Karen Goldsmith



# Prema Birthing Healing System



TRANSFORMING LIVES

Release old patterns and create the life you were meant to live.

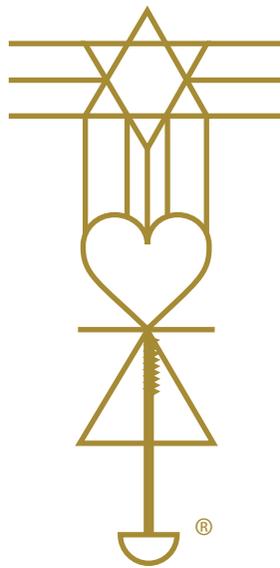


[derekoneill.com](http://derekoneill.com)



# Create the Life You Were Meant to Live

“Our greatest healer and teacher lies within.” Derek O’Neill, Master Teacher



Aum Sri Premapranahuti

## Treatment Benefits

- ✓ Remove limiting belief systems
- ✓ Increase happiness and peace
- ✓ Let go of addiction and self-sabotage
- ✓ Relief stress, anxiety, worry and depression



## Creating Our Reality

Each of us is born with a set of circumstances (karma), that creates our experiences. As we live our lives we accumulate fears, false belief systems and negative programming.

‘What the mind believes, it achieves.’ This phrase is a reminder that the mind creates our reality. As we become aware of the things that no longer serve us, we can prepare to release them.

The Prema Birthing process is a gentle and powerful way to let go of the negative programming and limiting beliefs that keep you stuck.



## How it Works

The Prema Birthing healing system can eliminate all kinds of dis-ease from your mind, body, and spirit. This is achieved by directing high vibrational energy into the receptors of the body, which in turn changes the cells of your biology.

A Prema Birthing healing allows you to completely redesign your life by wiping the slate clean, choosing a new reality and allowing the highest intention for health and happiness to manifest in your life. It’s much like removing old programs from your computer and putting new, positive programs in their place.



## Prema Birthing Benefits

The energetic womb that is created during the healing session, combined with the intention to heal and open to the best version of ourselves, quite literally helps us manifest a new reality.

You may notice habitual patterns, addictions, self-sabotage, phobias, anxiety, and other self-defeating patterns that no longer serve you drop away - making room for new perspectives and a greater sense of peace and happiness.

Find a Practitioner | [derekoneill.com](http://derekoneill.com)